



AUGUST 2023

4-H Family News

Livingston County

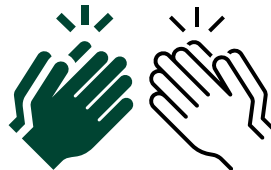


Thanks for a Great Fowlerville Youth Show!

Thank you to all of our 4-H leaders, volunteers, families, and youth who helped out at the Fowlerville Youth Show. A special thank you to all our volunteers who helped lead craft activities, helped in the 4-H Kitchen, and covered the 4-H Office throughout the week. We also appreciate everyone who helped set up and clean up the 4-H building and kitchen.

4-H'ers, please remember to take a few minutes to write any remaining thank you notes to trophy sponsors, ribbon sponsors, animal/still project buyers, and other individuals and businesses you may know of who supported our event in some way. Your words mean a lot to them!

If you have questions about trophies, ribbons, buyers, or other Youth Show related questions, please contact the Fowlerville Fair at (517) 223-8186 or by email at fair@fowlervillefamilyfair.com



UPCOMING MEETINGS & EVENTS:

Night Run Series Speed Shows

August 9th at 5 pm at Cohoctah Park, 1000 Allen Rd. Howell, MI

4-H Biodiversity Quest

August 19th at 10 am at the Livingston Conservation District

Livingston County 4-H Dog Training Clinic

August 25th at 6:30 pm at the 4-H Building on the Fowlerville Family Fairgrounds

4-H Online Shut Down

August 31st-September 15th

4-H Online Enrollment Starts for 2023-24 Program Year

September 15th

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COUNTY 4-H NEWS

Livingston County 4-H Dog Training Clinic: August 25th at 6:30 pm



Join us on August 25th at 6:30pm, in the 4-H building at the Fowlerville Family Fair Grounds! No dog show experience required - all are welcome! Dogs must be friendly and under the control of their youth handler at all times. We will run two sessions: Dog Training & Behavior Foundations, and Off-leash heeling & Tricks with guest speakers Roxanne Wilkinson and Jamie Kiefer.

Pre-registration is required. To register, please see: <https://bit.ly/4HDogClinic>

Questions? Please contact Kat at Krollkat@msu.edu or 517-552-6903

Congratulations to our 4-H Club Booth Winners

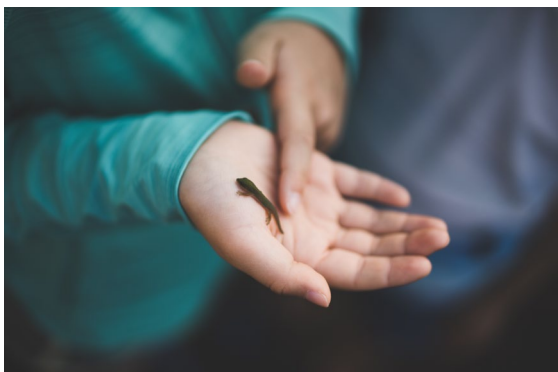
Congratulations to all of our clubs on their hard work this year at the Fowlerville Youth Show! This year's 4-H club booth winners are:

- 1st place - Tri County Kids
- 2nd place - Awesome Paws
- 3rd place TIE - Livingston Legacies & Muddy Buddies
- 4th place - The "U" Shoes
- 5th place TIE - Kounty Klover Kids & Gusty Acres 2.0
- 6th place - Rompin N Stompin
- 7th place - Little Barn
- 8th place - Northern Neighbors

Competition this year was incredibly tough - great job to everyone!



Biodiversity Quest: August 19, 10 am at the Livingston Conservation District



Meet us on Saturday August 19th at 10 am at the Livingston Conservation District (9585 Roberts Rd. Gregory, Michigan) to check out what is growing in our 3-acre pollinator planting! We will be taking a hike to observe the plants growing, doing a bug hunt, and a fun nature craft!

This event is free and open to 4-H and non-4-H youth ages 8-19. If you have a younger youth interested in the program, please contact us. We hope to see you there and admire all the hard-work our volunteers did this June!

Register at: <https://events.anr.msu.edu/4hconservationquest/>



COUNTY 4-H NEWS

Reminder: 4-H Online Shut Down and Re-Enrollment for Current 4-H Members

On August 31st, 4-H Online will shut down to prepare for the new program year. Leaders will not be able to pull their rosters for the current year after that date. The system will re-open again on September 15th. If you have youth interested in joining your club, we recommend having them wait until the 15th to join. Please remind current club members they MUST re-enroll every year to stay an active 4-H member. We recommend re-enrolling as soon as possible so you get all of our newsletters and communications.



Congratulations to our GooseChase Winners



Congratulations to the following teams that got the top scores in our Goosechase Online Scavenger Hunts during the Fowlerville Family Fair. They did an excellent job solving all of Kat's clues and trivia.

- 1st place- Guardians 4-H Club
- 2nd place - Paige + Jacob Team
- 3rd place - Alexis and Team

2023 Night Run Series Speed Shows Rescheduled for August 9th

- Do you know a youth or adult interested in horse shows this summer? For more information on both of these shows, [visit our website](#) and look under Livingston County show bills. The Night Run Series will be a double run show to make up for both dates that were cancelled due to air quality and storms.
- **2023 Night Run Series Speed Shows**
 - Cohoctah Park – 1000 Allen Rd., Howell, MI 48855
 - Fun Class and Cloverbud* class 5 pm - Show starts 6 pm
 - Gates open at 4 pm – Registration starts at 4:30 pm and ends at 5:55 pm
 - PRIZE DIVISIONS: Adult (20+) Senior (15-19) Intermediate (12-14) Junior (8-11) Walk-Trot (8-20+)
 - *Cloverbud – ages 5-7 – Walk Only on a lead line with an adult – participation prizes for all. No horse/rider fee for clover buds. Loaner helmets will be available for clover buds who don't have their own.





STATEWIDE CALENDAR OF EVENTS

Welcome Back MSU 4-H Alumni Reception

Are you a current or former 4-H'er?

Join us for the MSU Welcome Back 4-H Alumni Reception

Sept. 6

5:30 - 7 p.m.



North lawn outside the Justin S. Morrill Hall of Agriculture



MICHIGAN STATE UNIVERSITY Extension # 4-H GROWS HERE

Join MSU Extension for the sixth annual MSU Welcome Back 4-H Alumni Reception on Wednesday, September 6.

All current or former 4-H'ers attending MSU this fall are invited to stop by the grassy area on the north side of the Morrill Hall of Agriculture from 5:30 - 7:00 p.m. for networking and free dinner!

Members of the MSU Extension staff will be on site to interact with 4-H alums and free pizza and pop will be provided. Come to meet fellow 4-H'ers, network with staff and students and have fun.

Learn more at www.canr.msu.edu/events/msu-welcome-week-4-h-alumni-reception.

August 8: Bubble Day at the Michigan 4-H Children's Gardens

Michigan 4-H Children's Gardens, East Lansing

As we explore the wonderful world of bubbles we will paint, eat and even make music with bubbles.

www.canr.msu.edu/events/bubble-day

August 11: 4-H Children's Garden 30th Birthday Party

Michigan 4-H Children's Gardens, East Lansing

We will celebrate the garden's pearl birthday with activities and games. We will open the time capsule, eat cake and much more!

www.canr.msu.edu/events/garden-30th-birthday-party

August 13: Bee Palooza

Michigan Horticulture Gardens, East Lansing

Have you ever wanted to learn more about the insect pollinators around you? Join us for prizes, vendors, a bee petting zoo, face painting and more!

www.canr.msu.edu/events/msu-beepalooza

August 13: Tri-County Archery Tournament

Washtenaw Sportsman's Club, Ypsilanti Township

Archers to the line! 4-H archers aged 9 and up are welcome to meet fellow competitors and test their skill. Registration is due Aug. 6.

www.canr.msu.edu/events/tri-county-archery-tournament

August 15: Kayaking Days Presented by Antrim County 4-H

Paddles and Pedals, Bellaire

Learn water safety, paddle techniques, navigation and receive introduction to stewardship of inland waterways. Open to youth in Antrim, Otsego, Grand Traverse, Leelanau and Charlevoix counties.

www.canr.msu.edu/events/kayaking-days-presented-by-antrim-county-4-h

August 16: Adulting 101 – Eating Healthy on a Budget

Online

Preparing healthy food and staying within your budget does not have to be a challenge. Planning, preparing, and purchasing strategies will be shared so you can stretch your food dollars further.

www.canr.msu.edu/events/adulting-101-8-16

September 16: Festival of the Pines Archery Tournament

Maple Grove Park, Lake City

Archers to the line! 4-H members are invited to meet fellow competitors and test their skill

www.canr.msu.edu/events/festival-of-the-pines-archery-tournament





STATEWIDE 4-H NEWS

2023 Michigan 4-H State Award winners announced

The Michigan 4-H State Awards Program recognized outstanding 4-H members during the opening session of 4-H Exploration Days on June 22. At the event, honorees had the opportunity to celebrate their accomplishments with their fellow 4-H Exploration Days participants.

A Michigan 4-H State Award is the highest honor bestowed on Michigan 4-H members and recognizes a level of excellence in learning, leadership and service. In total, 22 4-H members from 15 counties submitted applications to take part in this year's program.

"All of our 4-H'ers across the state are amazing but the youth honored with 4-H State Awards are some of our most accomplished," said Julie Chapin, state 4-H leader for Michigan and director of MSU Extension's children and youth programs. "They have demonstrated their dedication to improving themselves and their communities through 4-H, service and more."



Michigan 4-H State Awards were presented in 13 of the 20 available award categories that showcase the diverse array of 4-H knowledge, skills and experience. Recipients of the 2023 awards are:

- **Beef Science:** Caleb Souva of Branch County (junior division) and Bridget Paidl of Menominee County (senior division)
- **Birds & Poultry Science:** Makayla King of Van Buren County (senior division)
- **Career Development:** Avery Stallman of Macomb County (junior division)
- **Companion Animal Science:** Stellamia Aerts of Monroe County (senior division)
- **Environmental Science:** Amanda Towne of Van Buren County (senior division)
- **Gardening and Horticulture:** Katie Miller of Eaton County (junior division)
- **Goat Science:** Dori Stuever of Huron County (senior division)
- **Leadership:** Makayla Chew of Midland County (junior division) and Alexis Fisher of Monroe County (senior division)
- **Rabbit and Cavy Science:** Brandon Fisher of Monroe County (junior division) and Morgan Bliesener of Ingham County (senior division)
- **Shooting Sports:** Justin Yarger of Monroe County (senior division)
- **Science, Technology, Engineering, and Mathematics (STEM):** Peter Rambadt of St. Joseph County (senior division)
- **Swine Science:** Joseph Endres of Isabella County (junior division)
- **Visual, Performing and Expressive Arts:** Alana Aulph of Monroe County (senior division)

The Michigan 4-H State Awards Program is open to 4-H members who are 13-19 years old with three or more years of 4-H experience. To qualify for the award, 4-H'ers must submit a written application that showcases the learning experiences, knowledge and skills they've acquired through their participation in 4-H, as well as their contributions to their local 4-H programs, clubs and communities. Submissions are reviewed by the Michigan 4-H State Awards selection committee. This group of volunteers, staff members and industry experts determine which members are selected as award finalists. All applicants receive written feedback from selection committees.

In addition to a plaque, each 4-H State Award winner in the senior division will also receive a \$200 cash award; junior winners receive \$50 cash awards. These awards are made possible by generous donations to the Michigan 4-H Foundation.



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 8/1/23: **RELAX Alternatives to Anger for Parents and Caregivers**
- 8/8/23: **Together We Can: Co-Parenting**
- 8/15/23: **ABC's of Early Literacy**
- 8/22/23: **Screen Time for Children**
- 8/29/23: **Talking With Kids About Race**

Registration: https://msu.zoom.us/webinar/register/WN_J46cnBPnQLWjDeTk2gs59g#/registration

For more information contact Courtney Aldrich at aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates: Thursdays, August 24, August 31, September 7, September 14, September 21

Class times: 8:00pm-9:30pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Early Emotional Skills

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and help their children develop strong social emotional skills. BEES will help you learn about:

Class dates: August 7, 14, 21, 28

Class times: 8:00-9:30pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_a3kRYVckbQld1pc

For more information, contact Courtney Aldrich, aldric82@msu.edu

In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available.

To schedule a workshop at your location, contact Vivian Washington at washi138@msu.edu



MSU Extension Child and Family Development

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Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Learning to Talk

Class Date: August 17th

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_-fWIZlqTu-lkyn9Czibow

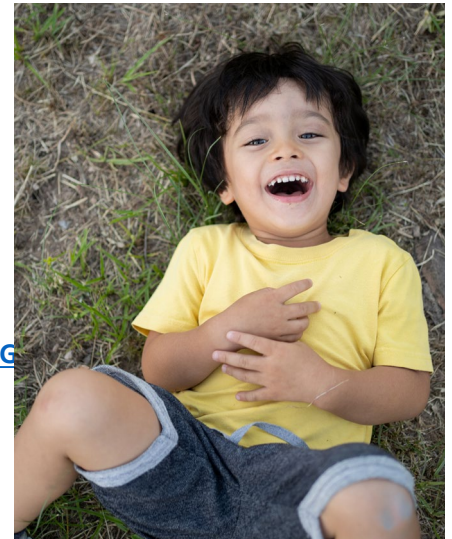
How Children Develop

Class Date: August 25th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN_VLYBmjHIR-qzBK-PRCn0G

For more information contact Vivian Washington at washi138@msu.edu



Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu